

## ■ Background

Cystic fibrosis (CF) is in the Caucasian population the most common metabolic disorder with autosomal recessive inheritance. The incidence is reported to be 1:2500 for individuals with this ethnic background. CF occurs also in non-Caucasian populations but is less common here. Multiple reports document the fact that the classical form of the disease occurs also in the Middle East population, indicating that CF mutations are also present in this ethnic group. An incidence of around 1:4000 is estimated based on recent molecular genetic studies.

Cystic fibrosis is characterized mainly by a severe respiratory tract disease and pancreatic dysfunction. The disease is highly variable in presentation and course. Some individuals have severe pulmonary and gastrointestinal affection, whereas others have relatively mild symptoms that develop during adolescence and young adulthood. CF is caused by mutations in the cystic fibrosis transmembrane conductance regulator (*CFTR*) gene. The gene encodes a chloride channel protein. Dysfunction of the protein leads to a defect of chloride transport across the membranes. This in turn causes dehydration of the products of exocrine glands. The consequences are tenacious mucus in the lung, mucus plugs in the pancreas, and characteristically high sweat chloride levels.

Since the cloning of the *CFTR* gene in 1989 more than 1000 mutations have been identified so far (\*). By applying the conventional Cystic Fibrosis Assay®, version 3 which is based on the oligo-ligation-assay technique (OLA) 32 common mutation sites within the *CFTR* gene can be analyzed.

The most common mutation which affects about 70% of Caucasians is a three base-pair deletion which results in the deletion of the amino acid phenylalanine at position 508 of the *CFTR* protein. This mutation is designated as DF508 or delta-F508. The 32 mutations tested with the conventional OLA represent approximately 90% of the mutations found in Caucasian CF mutation carriers. But by using this conventional analysis for other ethnic groups the rate of detected mutations can decrease significantly. For example it is estimated that the mutation detection rate with this method is around 33% for the Turkish population. For the Arabian population only 10 of the recurrent mutations are detectable with the conventional oligo-ligation-assay technique (Table 1).

Molecular genetic studies of the *CFTR* gene in the Arabian population revealed that even if the mutation DF508 occurs here, it might not be the most frequent allele in this ethnic group. In addition, some Arabian

mutation carriers show alterations of the *CFTR* gene that have never been identified in Caucasian CF patients. Due to the small number of observations representative frequencies of CF mutations in the Arabian population can currently not be estimated.

Therefore testing for CF for Arabian individuals requires processing of a special mutation panel. **Bioscientia Center for Human Genetics has developed such a panel and can offer this specialized CF-testing on request now (Table 2).**

**Table 1: Mutations analyzed by the conventional Cystic Fibrosis Assay® version 3 (OLA-Test)**

Location	Mutation	Location	Mutation
Exon 3	<b>G85E</b> 394delTT	Exon 11	<b>G542X</b> , G551D <b>R553X</b> , R560T <b>S549R</b> , S549N
Exon 4	R117H I148T	Intron 12	1898+1G>A
Intron 4	621+1G>T	Exon 13	2184delA
Intron 5	<b>711+1G&gt;T</b>	Intron 14b	<b>2789+5G&gt;A</b>
Exon 7	1078delT R347P, R347H R334W	Intron 16	<b>3120+1G&gt;A</b>
Exon 9	A455E	Exon 19	R1162X 3659delC
Exon 10	<b>DF508</b> DI507, V520F	Intron 19	3849+10kC>T
Intron 10	1717-1G>A	Exon 20	<b>W1282X</b> 3876delA, 3905insT
		Exon 21	<b>N1303K</b>
Mutations described for the Arabian population marked in bold letters.			

**Table 2: Mutation panel expansion for Arabian population**

Location	Mutation	Location	Mutation
Exon2/3	CFTRdele2,3	Intron 11	1811+2T>C 1812-1G>A
Exon 3	R75X	Exon 13	T665S, E672del V754M, 2043delG 2183AA>G
Intron 3	406-2A>G	Exon 14b	2766del8
Exon 4	Q98H, 425del42 E115X, Y122X H139L, A141D	Exon 17b	R1066C
Exon 7	1161delC	Exon 19	I1234V, K1177X
Intron 7	1248+1G>A	Exon 21	4010del4
Exon 10	1548delG	Intron 21	4096-28G>A
Exon 11	F533L		

## ■ References

- Bobadilla JL, Macek Jr M, Fine JP and Farrell PM. Cystic Fibrosis: A worldwide analysis of *CFTR* mutations – correlation with incidence data and application to screening. *Human Mutation* (2002) 19:575-606
- Wahab AA, Janahi IA, Hebi S, al-Hamed M and Kambouris M. Cystic fibrosis in a child from Syria. *Ann Trop Paediatr* (2002) 22(1):53-5
- Eskandarani HA. Cystic fibrosis transmembrane regulator gene mutations in Bahrain. *J Trop Pediatr* (2002);48(6):348-50
- Kamboursi M, Banjar H, Moggari I, Nazer H, Al-Hamed M and Meyer BF. Identification of novel mutations in Arabs with cystic fibrosis and their impact on the cystic fibrosis transmembrane regulator mutation detection rate in Arab populations. *Eur J Pediatr* (2000) 159:303-309
- Rawashdeh M and ManalH. Cystic fibrosis in Arabs: a prototype from Jordan. *Ann Trop Paediatr* (2000) 20(4):283-6
- Frossard PM, Lestringant G, Girodon E, Goossens M and Dawson KP. Determination of the prevalence of cystic fibrosis in the United Arab Emirates by genetic carrier screening. *Clin genet* (1999) 55,6:496
- Laufer-Cahana A, Lerer I, Sagi M, Rachmilewitz-Minei T, Zamir C, Rivli and JR, Abeliovich D. Cystic fibrosis mutations in Israeli Arab patients. *Human Mutation* (1999) Mutation in Brief#277 online
- Deseorges M, Mégarbané A, Guittard C, Carles S, Loiselet J, Demaille J and Claustres M. Cystic fibrosis in Lebanon: distribution of *CFTR* mutations among Arab communities. *Hum Genet* (1997) 100:279-283
- el-Harith EA, Dork T, Stuhmann M, Abu-Srair H, al-Shahiri A, Keller KM, Lentze MJ, Schmidtke J. Novel and characteristic *CFTR* mutations in Saudi Arab children with severe cystic fibrosis. *J Med Genet* (1997) 34(12):996-9
- Al-Mobaireek K et al. Cystic fibrosis in Saudi Arabia: common and rare presentations. *Annals of tropical pediatrics*, 1995, 15:269-72
- Nazer H et al. Cystic fibrosis in Saudi Arabia. *European journal of pediatrics*, 1989, 148:330-2

\*The CF-mutation database is available at: <http://www.genet.sickkids.on.ca/cfr-cgi-bin/FullTable>

## ■ Specimen Requirement

Sample material  
2-3 ml EDTA blood sample in a monovette or vacutainer  
Analysis time  
approx. 4 to 8 weeks

Please request as "CF-middle east" in order to make sure that the appropriate analysis is performed. Furthermore, information about the ethnic background of the patient, clinical data and family history are essential prerequisites for an adequate interpretation of results.

## ■ Contact/Address



Center for  
Human Genetics  
Ingelheim



Bioscientia  
Int. Support Services Dept.  
Konrad-Adenauer-Str. 17  
55218 Ingelheim  
Germany  
Phone: ++49-6132-781-203, 224 or 165  
Fax: ++49-6132-781-236  
E-mail: [int.support@bioscientia.com](mailto:int.support@bioscientia.com)  
Website: [www.bioscientia.com](http://www.bioscientia.com)



Center for  
Human Genetics  
Ingelheim



## ■ Molecular Diagnosis for Cystic Fibrosis

Special Mutation Panel For The Middle East

